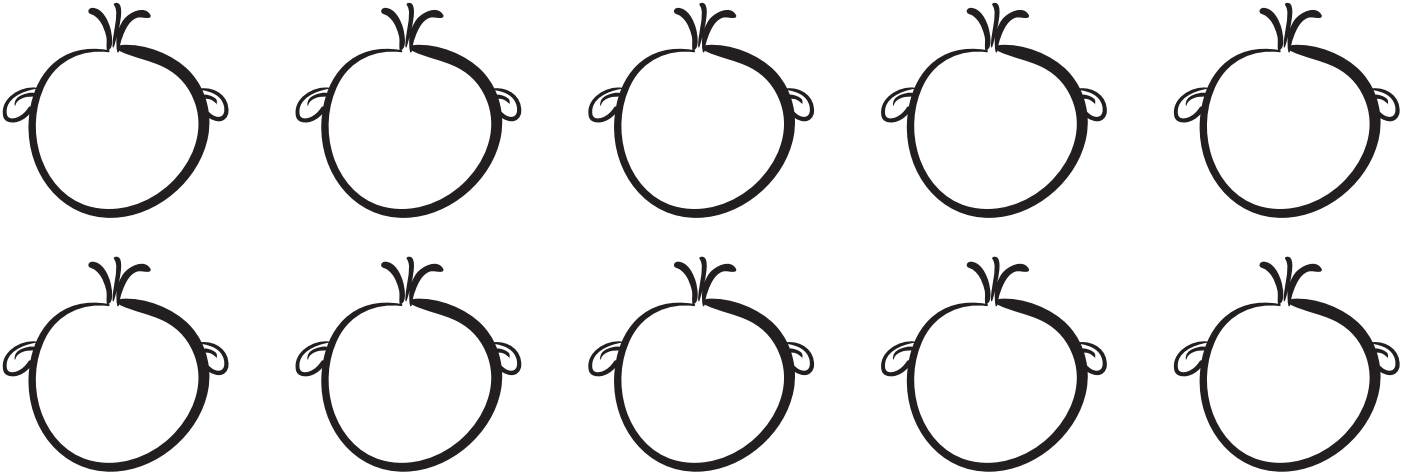


Activity Sheet: Emotions



Feelings Scale of Intensity



What might make you feel unpleasant or pleasant emotions online

UNPLEASANT

PLEASANT



* Approval for use and adaption by the CAP project and Friendly Schools project

FOCUS 1:
Emotions and empathy in the online environment