

Year 4: Curriculum Overview

Lesson Focus	This focus will enable students to:	Focus activities
1. Emotions and empathy in the online environment	 recognise and label their own emotions when they are in online environments regulate or manage their reactions to emotions manage their time spent online 	 Activity: Emotions Discussion: Big Emotions Activity: Tips to manage emotions online Extension Activity: Tips to manage emotions online
2. Cybersmart Forever	 respect the opinions, feelings and rights of others when online identify safe sharing of content/images online describe and use strategies to protect their content/images online understand risks of friending strangers online recognise when to seek help with online dilemmas 	 Discussion: Peer pressure Discussion: Cybersmart Forever Activity: Cybersmart Forever Review Extension Activity: You're in the hot seat
3. Cybersmart Hero	 identify what cyberbullying is describe and use strategies in situations where they feel cyberbullied recognise when to seek help in cyberbullying situations be a positive bystander in a cyberbullying situation 	Discussion: Cybersmart HeroActivity: What do you think?Extension Activity: Cyberbullying
4. Should I post this?	 respect the opinions, feelings and rights of others when online identify safe sharing of content/images online describe and use strategies to protect their content/images online 	 Discussion: Should I post this? Activity: Share/post/delete? Extension Activity: Share/post/delete? Activity: Who am I?
5. Cybersmart Detectives	 identify what personal information is safe to put online describe and use strategies in situations where they feel uncomfortable or unsafe online recognise that people they meet online may pretend to be someone else seek assistance if things go wrong online 	 Discussion: Cybersmart Detectives Activity: Social Networking Profile Activity: My Support Networks



Year 5 & 6: Curriculum Overview

Lesson Focus	This focus will enable students to:	Focus activities
Digital technology use: benefit and risks 2 Video and personal.	 identify and describe the use of digital technology and behavior online think critically about how individuals can protect themselves online recognise the importance of cofe and 	Activity: Mind Map Discussion: Mindmaps Extension Activity: Downloading
2. Video and personal info	 recognise the importance of safe and responsible use of digital technology recognise that personal information can be used to identify or locate people understand how or where to seek help for themselves or others if they experience problems when online understand the importance and what constitutes a strong password evaluate the privacy settings of individual online user profiles 	 Activity: Are you cybersmart? Discussion: Game On Discussion: Personal details Discussion: Sharing passwords Activity: When I post something online how permanent is it? Extension Activity: When I post something online how permanent is it?
3. Screen time versus Green time	 recognise that excessive time engaged with technology can have negative effects recognise that time spent outdoors can have positive effects on health and wellbeing understand the importance of leading a balanced lifestyle 	Discussion: Character Interview – Gaming Discussion: Screen Time versus Green Time Extension Activities
4. Cybercitizenship/ Cyberbullying/ Bystanders	 recognise the importance of appropriate and responsible use of digital technology identify the qualities of a good digital citizen recognise the importance of respectful and responsible online behaviour understand how online communication is similar to, but differs from, in-person communication 	 Discussion: Character Interview – Cyberbullying Activity: Cybercitizenship Discussion: Empathy Activity: Tuning into emotions Activity: Bystanders or Upstanders in Online Environments

